### To Get Ready for Today's Session, We Invite You to ...

#### **Stay Engaged**

• Am I focused and ready to be present for today's discussion?

#### **Stay Open to New Ideas**

• Am I ready to listen to different perspectives, expertise, and knowledge?

#### **Stay Respectful**

• Am I committed to pause and reflect before adding or responding to comments in the chat?

#### **Sit With Discomfort**

Discussing race and equity can be difficult. Am I ready to be comfortable with being uncomfortable?

Source: Adapted from New York City Administration for Children's Services. (2020). Equity Checklist.

#### Thank you for joining us today!

We invite you to share your reflections in the chat during the session. We will begin shortly.



# Intentional Inclusion: Creating Equity in the Workplace



Anita Barbee | Veronica Burroughs | Julia Donovan Vannessa Dorantes | Amy He | Jodi Hill-Lilly | Anna Koehle





# Intentional Inclusion: Creating Equity in the Workplace



**Anna Koehle** 





### **Session Learning Objectives**

Explore the important role **workplace culture** plays in advancing race equity in the workforce.

Discuss how the workforce can **co-create and share power with persons with lived experience** as employees and organizational leaders.



# Using Organizational Assessments to Support Workplace Equity



**Amy He** 





## **Efforts to Address Equity and Inclusivity in Child Welfare**

#### **Examine Workplace Discrimination**

- Workplace discrimination is the antithesis of workplace inclusion.
- An **organizational health assessment** can provide insight on the presence of equity and provides an opportunity to hear from staff about feelings of inclusiveness and feelings of discrimination.

#### **Recognize Different Perceptions**

- Research indicates that there are **different perceptions of workplace discrimination** by racial and ethnic identities that can contribute to potential harm to those persons in nondominant cultures.
- It matters that people have different experiences. The phenomenon of color-blindness and not seeing differences can lead to discriminatory decisions and behaviors.
- We need to see differences in race, ethnicity, and gender so we can acknowledge inequities and advocate for change.

## Organizational Assessments Can Drive Change

Information gathered from organizational assessments can drive and impact change through data-informed decision-making.

If an agency finds that there are differential perceptions of workplace discrimination, it may indicate that there is a culture of color blindness.

The Comprehensive Organizational Health Assessment (COHA) is a free collection of measures that captures aspects of workforce well-being, organizational climate, and workforce demographics.



#### **COHA Measures Workforce Discrimination and Moral Distress**

Based on data collected from over 2,000 caseworkers ...

Staff of color reported experiencing more workplace discrimination than their white colleagues

One out of five staff of color reported that they had <u>fewer</u> opportunities in the workplace than their white counterparts

Capturing these experiences is important to name and give voice to people of color in this profession.



# A Statewide Approach to Creating Equity in the Workplace



Vannessa Dorantes | Jodi Hill-Lilly





# **Connecticut Department of Children and Families (DCF)**

3,200 Employees

3,700 Children in Care

**51% Staff Diversity** 

Disproportionate
Representation of
Children of Color
in Care



### **Connecticut DCF Strategic Goals**





# Timeline of Connecticut DCF's Racial Equity Journey

#### 2009

 Began racial equity work amid public allegations

#### 2010

 Engaged external partners to solidify framework and

approach

#### 2012

 Issued racial justice statement (under previous leadership)

#### 2015

 Implemented operational strategy and external kickoff

#### 2018

 Codified racial justice work through legislation

#### 2019

 Appointed new leadership and administration

#### 2020

 Experienced COVID-19 outbreak and racial unrest



## **Use of Organizational Assessments and Supports**

Staff Surveys

Use of Data to Inform Process

Employee Assistance Program



#### **Staff Recruitment Efforts**

Use of diverse interview panels (race and gender) in the interview process

Set affirmative action goals

Embed a values-based assessment in the interview protocol



# Racial Justice Work Group

#### **Consists of Several Subcommittees**

- Focus on data, workforce, and community partners
- Includes internal and external partners

#### **Embedded the Practice of Safety Science**

- Developed a framework called Safe and Sound
- Supports child welfare professionals in having conversations about race



#### **Connecticut DCF Safe and Sound Framework**



A Culture of Safety is one in which our values, attitudes, and behaviors support psychological and physical safety for staff, and the families and children we serve.

As a culture of safety, Safe and Sound is rooted in the principles of respect, trust, candor, equity and racial justice. Put into action, this enables us to be engaged, supportive, accountable, and open to learning. It empowers us to make sound decisions and competently provide services that help children and families achieve safe and healthy outcomes.

#### The Five Rs of Safe and Sound

As a process, the Five Rs provide a framework for our work within a culture of safety and racial justice.

#### Regulate

We are mindful of our physical and psychological well-being and the well-being of others as the foundation for our just and safe work environment.

#### Relate

We build and sustain relationships and community with respect, trust, and candor.

#### Rise

We are brave and bold with our actions. We understand our purpose and rise above challenges and barriers in order to promote equity and bring out the best in our work.

#### **選** Reason

We make sound decisions based on consultation, teamwork, and knowledge.

#### 🖒 Respond

We plan forward and reflect back with competence, confidence, and compassion by utilizing a systemic approach to problem solving.

#### Reflecting Back and Planning Forward

Our Safe and Sound culture creates a learning environment in which we strive to try new ideas, identify and plan for what could go wrong, talk about and learn from our mistakes, tap into others' expertise, and honor the unique skills we each bring to our work.



# Ongoing Efforts to Support Race Equity

Implicit Bias Training for All Staff

Racial Justice Change Initiative for All Leaders

Statewide Racial Justice Workgroup

Special Attention to Human Resources (Recruitment, Hiring, and Discipline)

Hiring of a Director of
Organizational
Development to Assess
Moral Distress on an
Ongoing Basis

Simulation Lab Staffed by Persons With Lived Experience

Hiring of Youth
Advisors in the
Ombudsman's Office

**Youth Advisory Board** 



# **Use of Exit Interviews to Support Race Equity**

What does data from human resources say?

Who is being disciplined?

Who is being promoted?

Who is leaving? Who is staying? Why?



### **Supporting Diverse Leadership**

# Minority Professional Leadership Development (MLPD) at AdoptUSKids



- Innovative 12-month program designed to support the development of leaders of color
- Leaders of color have an opportunity to develop an action research project
- Leaders of color are paired with mentors within the state agency and work on areas of practice where there is disproportionality



# **Overcoming Implicit Bias**



**Anita Barbee** 





# **Defining Implicit Bias**

#### **Implicit Bias**

• An unconscious process that is activated when we view persons that are considered in the "out" or "other" group

#### **Implicit Bias Happens More When People:**

- Cannot engage in reflective thought
- Are under time pressure
- Encounter ambiguous situations



### Implicit Bias and the Child Welfare Workforce

The child welfare workforce is often ...

On the Go

Under Constant Time Pressure

Facing
Ambiguous
Situations

It is critical that our child welfare professionals develop strategies to combat biases.



### **Overcoming Implicit Bias**

Recognize that it is almost impossible to stop an automatic thought from arising.

Capture the thought and wrestle it to the ground. Hold it there until you disconnect it from any action associated with the thought.

Awareness of biases can create motivation to change.



# Strategies for Addressing Implicit Bias

Work to replace stereotypes

Have pictures or images around that are counter-stereotypical

Learn more about perspective taking and understanding

Identify ways that persons from the "other" group might be similar to you



### Additional Strategies to Identify and Address Biases

# **Engage in Reflective**Supervision

- Provide child welfare workers time to work toward uncovering biases that arise in casework.
- Hold workers accountable, even for thoughts outside of consciousness.

#### **Use an Intermediary**

- Studies indicate that having an intermediary between the families that child welfare serves and the caseworker can begin to reduce these biases.
- Intermediaries may include a parent partner navigator.

# Support Cultural Humility

- Center family voice in casework.
- Support child welfare workers in achieving cultural humility.

# Consider Hiring Practices

 Hire staff from the communities served by the child welfare agency.



### **Program Examples**

**Cultural Broker Family Advocate Program (California):** Works with caseworkers and families to provide culturally congruent services to help families navigate government systems, including the child welfare system.

**Kinship Navigator Programs:** Supports kinship caregivers' ability to identify and access appropriate services to meet their own needs to sustain permanency and to meet the needs of the children they are raising.

**Peer-to-Peer (P2P) Navigators (New York City):** Young adults harness their lived experience navigating foster care to work with, engage, and connect with youth currently involved with the child welfare system.



# The Power of Including Those With Lived Experience in the Workforce



**Veronica Burroughs | Julia Donovan** 





# Ohio Kinship and Adoption Navigator (KAN) Program

Includes persons with lived experience in programming

Serves 88 counties across the state

Flexible and responsive program

Serves formal, informal, and postadoptive families

No income requirement

Goal is to cocreate solutions to challenges families face



### **Engaging Stakeholders in Ohio KAN**

Included community and family voice in the meetings that helped develop the program

Solicited feedback on the model from another 190 stakeholders through town hall meetings

Developed two new stakeholder groups, one for implementation and one for evaluation

Engaged people with lived experience at every level of the program, including people who were caregivers or those who were raised in kinship or adoptive homes



### **Involving Community Partners**

Engaged diverse partners in communities across the state

Seventeen partners ranged from mental health organizations, hospitals, foster care partners, and adoption agencies

Partner sites hired **navigators with lived experience** to work at the partner sites



## **Listening to Community Voice**

40% of staff across the state of Ohio have lived experience

38% of parent navigators have lived experience



# **Supporting Inclusivity and Centering Family Voice**

#### 10 Regional Advisory Councils (RAC)

- Helps oversee the work, barriers, and gaps within each region
- RAC charter stipulates that people with lived experience must be on the council
- Brings a level of diversity to the RAC to support program administration

#### **Parent Navigator Hiring**

- Bachelor's degree is not required; associate's degree is a preferred qualification (instead of required)
- Lived experience is a preferred qualification
- Match for transferrable skills
- Check for bias in hiring systems for managing resumes to ensure equity
- Use social capital and networks to drive hiring



### **Group Discussion: Creating Equity in the Workforce**



Anita Barbee | Veronica Burroughs | Julia Donovan Vannessa Dorantes | Amy He | Jodi Hill-Lilly | Anna Koehle





#### **Discussion Question**

What advice do you have for leaders who are just starting to look at equity in their workforce, and what should they anticipate as challenges?



### Advice for Leaders Looking at Equity in Their Workforce

Question everything!

Start early and leave no rock unturned.

Look at potential changes in the language used by your program.

Evaluate, track, and continue to adjust your program.

Engage community and university partners who can conduct an assessments for your agency.

Include the voice of your staff and individuals with lived experience.



## Advice for Leaders Looking at Equity in Their Workforce

Build the voice of the workforce.

Use a "racial justice mailbox" to hear directly from staff.

Recognize the workforce is the "ear to the ground" for the outcomes produced.

Look at a trauma-informed or healing approach for your program.

Lead with names during meetings, not titles.



### **Discussion Question**

What are some ways to bake in equity strategies to survive inevitable changes in leadership?



# Supporting the Sustainability of Racial Equity Strategies

Engage in conversations with individuals at all levels, both internally and externally to the organization.

Support a more holistic approach to ensure practices are sustained.

Provide coaching to help retain and sustain strategies covered in training.

Be data-driven and data-informed: data is the report card!



# Supporting the Sustainability of Racial Equity Strategies

Change policies and procedures to support racial equity.

Look across systems to make changes, including legal, education, and public health systems.

Review procedures, language being used, and performance indicators.



### **Up Next!**

#### Thank you for your participation today!

Please join us for the closing remarks from Aysha E. Schomburg, Associate Commissioner of the Children's Bureau.

The next session will begin at 4:15 p.m. Eastern Time.

